

STRONGMEN AND Legacy Makers

You Are What You Eat! ...Daniel 1

"But Daniel purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank: therefore he requested of the prince of the eunuchs that he might not defile himself. ...Daniel 1:8 9:25 (NKJV)

Words of Wisdom

- "Make no mistake: Satan's specialty is psychological warfare. If he can turn us on God ("It's not fair!"), or turn us on others ("It's their fault!"), or turn us on ourselves ("I'm so stupid!"), we won't turn on him. If we keep fighting within ourselves and losing our own inner battles, we'll never have the strength to stand up and fight our true enemy." ~ Beth Moore
- "Jesus taught that your highest priority must be your relationship with Him. If anything detracts you from that relationship, that activity is not from God. God will not ask you to do something that hinders your relationship with Christ." ~ Henry Blackaby
- "One compromise here, another there and soon enough the so-called Christian and the man in the world look the same." ~ Aiden Wilson Tozer

1. Setting the Scene...

Scripture: Daniel 1:1-7

2. No Compromise...

Scripture: Daniel 1:8-21

3. Having a "Purposed Heart"...

Scripture: Romans 12:1-2, Matthew 5:16, Acts 4:13-21

Group Discussion

1. Would you describe the Daniel as a “StrongMan” or a “Legacy Maker”?
 - What is it about him that stands out to you...*for the good or the bad*?
 - Is there anything in his story/life that you relate to?
 - What can you learn from his life...whether it’s “*what to do*” or “*what not to do*”?
2. What challenges, temptations, or choices have you wrestled with, that you need to resolve not to defile yourself with? ...*Give Examples*
3. We are in enemy territory...how do we operate in this territory? Do we conform to our worldly environment, or live according to our Lord’s standards and way? ...**How do we do it?**
(As a reminder... Romans 12:1-2, Matthew 5:16, Acts 4:13-21)
4. What did you hear or learn from tonight’s discussion that spoke to you personally? How will you directly and specifically apply it in your life today?

Prayer

Take a few moments to share any Prayer Requests with the men in your Group. Write down any requests and commit to pray for one another throughout the week.
(It’s great to know that other guys are praying for the important things in your life...and it’s great to be praying for the important things in their lives!)

How do the **5 Principles for the Christian Man**, help equip you to apply this to your life?
Discuss your answer with your group...

- Prayer (*Relationship*)
- God’s Word (*Knowledge and Understanding*)
- Worship (*Adoration*)
- Fellowship (*Encouragement and Accountability*)
- Service (*Caring for Others, Action to your Belief*)